

525AT ARC TRAINER

525 SERIES - THE NEW CARDIO LINE FROM CYBEX

The New 525 Series offers the industry leading Cybex commercial-level quality you'd expect, the durability and reliability you require and a new easy-to-use, centralized, console designed to provide an intuitive, accessible layout for users in managed and unsupervised environments.

TOTAL BODY CROSS TRAINER

A commercial-quality cross trainer with the patented Arc design that gives fast fitness results. Train for weight loss, strength and power on one machine. The Cybex 525AT Arc Trainer® offers broad incline and resistance ranges to do the work of three machines in one. At the lower incline levels, the "glide" is a cross country skier. In the mid-range levels, the motion is a "stride" (like an elliptical except with proper positioning). At the high levels, it's the "climb" of a stepper or climber. Research shows that the Cybex Arc Trainer burns more calories than any other cross trainer or elliptical tested.

USER-FRIENDLY TECHNOLOGY

Cybex 525 cardio machines make innovative use of QR codes to provide users with easy access to equipment information and workouts via a mobile device. Guests, employees, and residents can select cardio workouts that best meet their fitness goals. The optional high definition E3 View monitor offers three viewing modes on a 15.6" embedded touch-screen display.



1 Standard Display



2 E3 View Optional Display

Specifications



Product Number	525AT
Resistance Range	Up to 600 Watts
Incline Levels	21
Stride Length	24" / 61 cm
Dimensions (L x W x H)	70.5" x 30" x 62.5" / 179 cm x 76 cm x 159 cm
Display	Graphic display of workout profile via 8 x 5 LED; Numeric display of time, calories, strides per minute, calories per hour and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level
Workouts	Quick Start (Manual mode), three weight loss, three cardio, two power; Workouts have 10 levels
Entertainment Options	MYE wireless audio receiver (coming soon); E3 View embedded HD monitor
Made for iPod® Works with iPhone® (optional)	iPod/iPhone integration with 30-pin connector. Users can easily charge an iPod or iPhone, listen to music, switch tracks, and control volume.
Heart Rate Monitoring	Contact Grips and Wireless
Connectivity	CSAFE (pending)
Max User Weight	400 lbs / 181 kg
Power	AC Powered: 115V, 208V-220V, 230V
Compliance	ETL Listed to UL1647, ASTM, EN 957, CE Low Voltage Directive, CE EMC Directive, FCC Class B, RoHS



CYBEX PRODUCTS ARE DESIGNED AND BUILT IN THE USA

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