

REDEFINING LOW-IMPACT CARDIO

Octane
FITNESS

xRide
by OCTANE FITNESS



xR3 SERIES

The new xR3 offers an ultimate ride in comfort and style, delivering more muscle engagement than other seated exercise equipment. See and feel the difference—a better workout and the results you want!

xRide ADVANTAGES

Power stroke technology

Burn 23% more calories

Large comfortable seat

More range of motion



FIND OUT MORE ABOUT THE #1
ELLIPTICAL AT OCTANEFITNESS.COM



facebook

xR3 SERIES

SPECIFICATIONS

• Standard — Unavailable

xR3ci xR3c

KEY FEATURES

| | | |
|------------------------------------|----|----|
| Mesh contour seatback | • | • |
| On-the-fly programming | • | • |
| Quick Start | • | • |
| My Quick Starts | • | — |
| MOM mode | • | • |
| Digital contact heart rate sensors | • | • |
| Wireless heart rate monitor | • | — |
| HeartLogic Intelligence | • | — |
| Now-Zone | • | — |
| Cool down | • | • |
| Water bottle/accessory holders | • | • |
| Integrated transport wheels | • | • |
| Seat tilt adjustments | 5 | 5 |
| Seat height adjustments | 15 | 15 |

WORKOUTS

| | | |
|--------------------|----|---|
| Number of Programs | 12 | 8 |
|--------------------|----|---|

PRESET RESISTANCE PROGRAMS

| | | |
|-----------------|---|---|
| Manual | • | • |
| Random | • | • |
| Custom Interval | • | • |
| Beginner | • | • |

GOAL PROGRAMS

| | | |
|--------------|---|---|
| 350 Calories | • | • |
| 750 Calories | • | • |
| 10k | • | • |
| 1/2 Marathon | • | • |

HEART RATE CONTROLLED PROGRAMS

| | | |
|--------------------|---|---|
| Fat Burn | • | — |
| Cardio | • | — |
| HR Custom Interval | • | — |
| 30:30 | • | — |



xR3ci xR3c

WORKOUT BOOSTERS

| | | |
|------------------|---|---|
| Muscle Endurance | • | • |
| Leg Press | • | • |

PRODUCT SPECIFICATIONS

| | |
|-----------------|----------------------------|
| Max user weight | 300 lbs (136 Kg) |
| Footprint | 24" x 53" (60 cm x 136 cm) |
| Product weight | 161 lbs (73 Kg) |

WARRANTY

| | |
|-------|---------|
| Parts | 3 Years |
| Labor | 1 Year |

The new xR3 delivers a powerful, results-driven workout in a sleek, compact package for your home. Take a seat and realize the difference as you experience a one-of-a-kind workout that offers greater muscle engagement and superb results.



POWER STROKE

Let the smooth power stroke of the xR3 drive you to your goals. Studies have shown that, compared to recumbent bike riders, xRide users had 343% more glute activity and burned 23% more calories overall.*



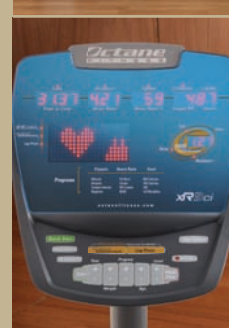
SUPERIOR COMFORT

The large, ergonomically designed mesh-back seat with multiple height and tilt positions and the oversized pedals ensure correct posture and flexible foot position for comfort throughout your workout.



MOTION

The smooth elliptical motion feels great with the option of pedaling forwards or backwards all while delivering superior results. Greater muscle engagement helps you burn calories faster, moving you more quickly to the results you search.



ELECTRONICS

Informative electronics, heart-rate monitoring and control, and innovative pre-programmed workouts provide what you need to stay motivated, informed and in control of your workout—and your results!